Mission Trip Participant COVID – 19 Policy

At this time, the Executive Mandate states that the only restriction for re-entry into the USA is proof of a negative viral COVID – 19 test, completed within 72 hours of your departure.

Before Travel:

Airlines do not currently have any restrictions on travel to Mexico. However, you should not travel if you are experiencing any of the following symptoms:

Fever or chills Cough Shortness of breath or difficulty breathing Fatigue Muscle or body aches Headache New loss of taste or smell Sore throat Congestion or runny nose Nausea or vomiting Diarrhea

During Travel:

Try to distance yourself from others and refrain from hugging, shaking hands, and touching whenever possible. Avoid touching your eyes, nose, and mouth. Use extreme caution when interacting with patients and refrain from touching equipment or objects.

Wear a mask to keep your nose and mouth covered when you are in shared spaces, and always inside the hospital.

Wash your hands often or use hand sanitizer (with at least 60% alcohol).

Temperatures will be checked each morning by the staff of CMSL.

Follow all COVID - 19 protocols while in the hospital or on the CMSL grounds.

Arrangements for the COVID -19 viral test have been made for 72 hours prior to your traveling back to the United States.

*IF YOU TEST POSITIVE FOR COVID – 19 and are unable to return to the USA:

- A representative from CMSL will make arrangements for you to quarantine in Valladolid at the hotel, coordinate meals, getting retested/transportation to the testing sites, and transportation back to the Cancun airport.
- Chosen's travel agent will work with you to reschedule your travel arrangements.
- Chosen will purchase additional traveler's insurance for the length of your stay. Please see the attached Short Term Traveler's Insurance Policy, with a COVID 19 clause.

*All associated expenses are the responsibility of the participant, including those not covered by insurance.

After You Travel

The CDC recommends, but does not require, getting re-tested within 3 days of your return and to self-isolate for 7 days. If you do not get tested, the CDC recommends quarantining for 10 days.

Check with your employer for any COVID – 19 guidelines they may require you to follow.

Please sign below in acceptance with Chosen's COVID -19 Policy guidelines:



Name___